

Indoor Air Quality Facts

Improve Your Home's Indoor Air Quality and Your Health



Poor indoor air quality is a big problem across the United States. Many people suffer from some type of discomfort in their home, not realizing it is the effects of poor indoor air quality.

Airborne pollutants can cause a number of poor health symptoms such as headaches, nausea, respiratory problems and will aggravate allergy and asthma conditions.

Here are some common facts that you should know:

- *In the United States people spend an average of 65% of their time at home and as much as 90% of their time indoors (American Lung Association).*
- *According to the EPA, indoor air pollution levels can be up to 100 times higher than the air outdoors.*
- *The American College of Allergist says that 50% of illnesses are caused or aggravated by polluted indoor air.*

Alpha Mechanical Service provides a wide range of products and services to help improve your home's health by enhancing the quality of air inside. An Alpha Mechanical Service indoor air quality representative will be glad to answer your questions and let you know the best way to turn your home into a healthier place to live.

Contact Us Today

7200 Distribution Drive
Louisville, KY 40258

Phone: (888) 212-6324

Fax: (866) 296-8035

customer@amservice.com

www.alpha mechanicalservice.com